AUYA BESKYD CAMPS PARENT/GUARDIAN HANDBOOK

SUMMER 2024

https://auya.wildapricot.org/Camps



Updated 2.23.2024



СПІЛКА УКРАЇНСЬКОЇ МОЛОДІ В АМЕРИЦІ AMERICAN UKRAINIAN YOUTH ASSN., INC.





2457-59 W. Chicago Ave. Chicago, IL 60622 773 / 486-4204

Dear Parents and Guardians,

Thank you for your interest in sending your child for AUYA Beskyd summer camps in Baraboo, Wisconsin! A summer camp experience provides great benefits to our Ukrainian youth. By following guidance from the Illinois & Wisconsin Department of Public Health, ACA and recommendations from the State of Illinois and Wisconsin, and the AUYA National Board, it is our goal to provide each camper with the safest and best possible camping experience.

Please understand this is a living document and all considerations are subject to change. Modifications will be based on current and relevant research, CDC, state, and local guidelines. The safety of our campers and staff will be at the forefront of all decisions.

We are striving to make summer camps possible and stay true to the AUYA camp mission below:

To create a safe, fun, educational and recreational camping environment for Ukrainian youth members as an extension of the year long activities of CYM that promote the history, culture and current events of our heritage while enabling social and sports skills development.

Our counselors look forward to their time with your child and to a summer filled with unique memories. Please review the following information to help prepare yourself and your camper for their camp experience. If you have any questions, please feel free to contact us at any time at beskyd-camps@cym.org. Thank you for entrusting your child to us!

Chest Ykrainy - Hotov Boronyty!

Sincerely, AUYA Regional Camp Committee Adriana Karawan, Co-Director Natalia Vidmar, Co-Director beskyd-camps@cym.org

E14481 Luebke Rd. Baraboo, WI 53913

STAY CONNECTED Follow what is happening at camp through the AUYA Beskyd Camp Social Media. Facebook / Instagram



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AUYA Camps at Oselia Beskyd

E14481 Luebke Rd. Baraboo, Wisconsin 53913

Visit https://auya.wildapricot.org/Camps to learn more about the camps offered at Oselia Beskyd!

CAMP	AGE	2024 DATES
Вишкільний Табір / Vyshkilnyj Camp	15-18	30-го червня - 6-го липня / June 23 - July 6
Табір Гусенят / Husenyata Camp	3	8-го липня - 13-го липня / July 8 - July 13
Табір Суменят / Sumenyata Camp	4-6	8-го липня - 13-го липня / July 8 - July 13
Переходовий Табір / Transitional Camp	6-7	14-го липня - 20-го липня / July 14 - July 20
Молодший Табір / Molodshyj Camp	7-11	14-го липня - 27-го липня / July 14 - July 27
Старший Табір / Starshyj Camp	12-15	14-го липня - 27-го липня / July 14 - July 27
Футбольний Табір / Soccer Camp	5-15	28-го липня - 3-го серпня / July 28 - August 3

First-timers or Non-Members

All campers, irrespective of their member status, are required to wear the Formal CYM Uniform (Odnostriy) while attending Vyshkil, Perehodovy & Vidpochenkovyj camp. Refer to <u>page 25 & 26</u> for the images and links to purchase the uniform items

Meals

Camp serves nutritious, well-balanced meals. Healthy snacks consisting of fruit and other items served in the afternoon. Water consumption is encouraged throughout the day. We will utilize staggered scheduled times for meals.

Overnight Camp: When possible, all meals will be eaten outside. The roji will have designated tables either on the kitchen deck or under a large meal tent which will be set up within proximity to the kitchen.

Day Camp: Breakfast is not included in day camp. An individual, snack will be provided during snack time for each camper. One snack and lunch is the only meal included. Campers will be dismissed after lunch each day.

Pool Time

The pool is closed during each camp's designated swim time to anyone not participating in camp.

"Dozvilia"

"Dozvilia" is a mandatory scheduled free time for campers and staff members to recharge and visit with family. "Dozvilia" takes place on the Sunday between week 1 and week 2 for campers participating in a 2-week camp. Campers will be dismissed after Divine Liturgy and required to return to the Oselia and check-in at the kitchen at 7pm. All campers must be signed out and back in by a parent or designated guardian.

A parent/guardian will be required to sign a Camper Release form before being reunited with your camper. A camp staff member will provide the form for your signature.

If someone other than a custodial parent or guardian is picking up your camper, AUYA Camps MUST have written parental consent otherwise the camper cannot be released.

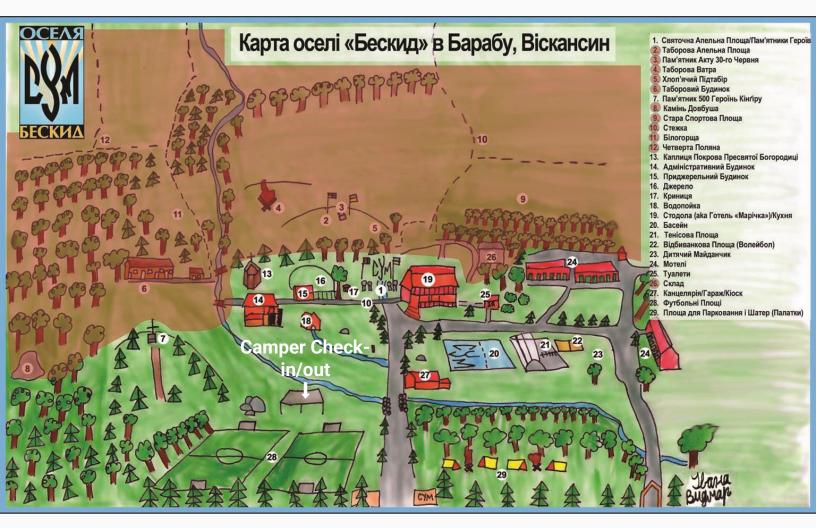
Parent/guardian may meet their camper at the designated pick-up area.

Field Trips

Some camp programs may include an field trip off site during the week. Campers do not incur any additional fees for off-site field trips. Details regarding any planned field trips will be included in the camp information email that will be sent to all registrants in June.

♀ MAP OF OSELIA BESKYD

Address: E14481 Luebke Rd. Baraboo, Wisconsin 53913



Restricted Areas

While camps are in session, the areas marked in brown on the map are restricted to campers and staff members only. Parents, siblings, family members, grounds employees, and other guests are not allowed to enter these areas while the camp is in session.

There are additional limitations based on specific circumstances:

- The public areas such as the kitchen, pool, and bathrooms are closed to guests when they are in use by the camp.
- Access to the Apelna Ploscha (#2) for the morning and evening apels is subject to the discretion of the Komandant.
- The Vatra area (#4) is only open to guests during the evening vatra and is off-limits otherwise.

Camp Refund/Cancellation Policy

In order to provide the safest environment for campers and staff, camps will have limited capacities. As a result, cancellations will negatively impact other families that may have otherwise attended camp.

- In the event that AUYA Camps is able to offer camp, but a family chooses to cancel their registration due to medical reasons or family emergencies, the **full camp fee(s) will be refunded**.
- In the event that AUYA Camps is able to offer camp, but a family chooses to cancel their registration <u>ON OR BEFORE June</u>
 <u>1</u> due to reasons unrelated to a medical or family emergencies, 100% of camp fee(s) will be refunded.
- In the event that AUYA Camps is able to offer camp, but a family chooses to cancel their registration <u>AFTER June 1</u> due to reasons unrelated to a medical or family emergency, **camp fees will be refunded minus \$100 per camper, per camp**.
- If a camper is unable to complete the program due to medical reasons, upon approval by the Regional Camp Committee Director, a prorated refund would be initiated. There are no refunds for children sent home for behavioral reasons.
- If AUYA Camps cancels programming during your registered week(s), 100% of your camp fee(s) will be refunded.

Required Health Forms

Campers will not be permitted to participate in camp until all required health forms are submitted to AUYA Camps. All of the documents listed below are required and must be provided for each child **<u>BEFORE the 1st day of camp</u>** (Reference <u>Page 14</u> for submission details.)

> Health History and Consent to Treat Form

Physical & Immunization History Form (requires signature of physician on file)

Proof of Medical Insurance

AUYA CAMP DOES NOT CARRY HEALTH AND ACCIDENT INSURANCE ON CAMPERS

Personal Health Needs and Medications

- Any and all medications specific for an individual camper must be provided to the medical representative in original containers with the original pharmacy label. Medication brought to camp not in its original container **cannot be** administered.
- Please send enough medication to last the duration that your child will be participating in camp (1 week or 2 weeks).
- Parents/guardians will be notified by the Komandant should your child have an accident, injury, or illness lasting longer than a couple hours.
- Personal/Individual medications are not allowed in the camp cabins/tents. (With the exception of inhalers for some asthmatics and epi-pens.) If your child will be in possession of an inhaler or epi-pen, this must be disclosed at check-in.
- General over-the-counter medications are available in our secure medical cabinet.
- The Medical Professional is on call 24 hours a day in case of minor illness.
- **IMPORTANT:** AUYA Camp at Oselia Beskyd reserves the right to send a camper home if our Medical Professional so advises. If you plan to be away for any length of time during your camper's time at camp, please arrange for a relative or friend to be able to pick up your camper should he/she become ill. This should be your emergency contact person on the health form.
- If your child has any specific physical or medical conditions, please disclose the condition in detail on their health form. This is important in order for our staff to be successful in helping your camper have a positive camp experience.

Check-in Procedures

Please plan your travel time to Oselia accordingly. The Camp Opening Ceremony will begin at 5:30 p.m. (With the exception of Soccer Camp. Soccer Camp Opening Ceremony will begin at 3:30pm), so please arrive in time for your assigned check-in time slot.

Check-in Date: Check-in will take place on Sunday for each camp.

Check-in Time: 11am - 3pm

- To provide the best move-in experience for our campers and staff, each camp will be assigned a designated check-in time (between 11am and 3pm).
- Families will be notified of their camp's assigned check-in time no later than one week prior to the start of camp.
- Please respect others and arrive at the check in area only during your assigned time slot.
- The check-in schedule will be designed to allow enough time for your camper to settle into their camp cabin/tent.
- If you arrive before your assigned check-in time, please DO NOT congregate near the check-in area. We request that you return during your assigned check-in time.
- Beskyd Fast Passes will be provided to families who submit their documents at least 48 hours in advance of their assigned check-in time, allowing them to move quicker through the check-in process.

Check-in Location: Check in will be taking place at a designated tented area near the soccer fields.

CHECK-IN PROCESS

Upon arrival at the check-in tent, a camp staff member will direct you to the first checkpoint



Camper and Documentation Verification

- Parents/guardians and your camper(s) will be directed to the camper check-in table
 <u>Campers will NOT be permitted to participate in camp if required documents are not submitted to
 AUYA Camps BEFORE the first day of camp.</u> (Reference Page 14 for submission details.)
- 1. Receive instructions for how to deliver your child's belongings to the campsite



Camp Apparel and Medical

- 1. Once all pre-submitted camper documents have been verified you will have the opportunity to purchase a camp shirt or sweatshirt.
- 2. If your camper has personal medication that they will need to take while participating in camp, please ensure you visit the Medical Table to review health information with the Medical Professional and turn in all medication and camper health history form.

Move In

- 1. Drive to and park in the designated area.
- 2. Unload your camper's items and walk to the campsite to meet the head camp counselor and receive camper cabin/tent assignment. Be prepared to walk about 100-300 yards (uphill) to the cabin/tent with your camper and their belongings.
- 3. Help your camper unpack, set up their cot, make their bed and get settled. Ensure your camper knows how to repack everything on their own once camp has concluded.
- 4. Once your camper is settled, it is time to say good-bye and allow the next group of campers and parents to settle in. Your camper is in good hands and the counselors will take over right away.
- 5. Parents are highly encouraged, but not required, to stay for the opening ceremony.

Check-out Procedures

Please follow the steps below before picking up your camper after Camp.

Check-out Date: Checkout dates vary per camp.

Campers participating in more than one week of camp or in the 2nd week of camp only: If you are expecting your camper to be dismissed in advance of the closing ceremony on Saturday please speak with the Komandant at check-in.

Campers participating in only the first week of a camp: If your child is only participating in one week of camp, your camper will check-out on Saturday afternoon of that week. We will not be making any exceptions to allow one week campers to check-out on Sunday.

Check-out Location: Check out will be taking place at a designated tented area near the soccer fields.

All items will be brought down to this location by the campers and staff for parents to retrieve around the time of the closing ceremonies. For a smooth liquidation process, it is required that your child's items are all labeled with your name and are packed in the least amount of articles as possible. Please make sure your child is prepared to pack up their belongings on their own.

CHECK-OUT PROCESS

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A parent/guardian will be required to sign a Camper Release form before being reunited with your camper. A camp staff member will provide the form for your signature.

If someone other than a custodial parent or guardian is picking up your camper, AUYA Camps MUST have written parental consent otherwise the camper cannot be released.

Pick up your camper and your camper's luggage at the designated pick-up area. Make certain that you have everything that your camper came to camp with.

Camper medication will be returned to the parent/guardian.

CAMPER POLICIES

Food

Overnight campers are served three healthy meals each day plus a mid-afternoon snack between activities. Guidelines and requirements set forth by the WDPH, State and EH&E as to how to prepare and serve meals will be followed.

Campers and staff are not allowed to have food, candy, drinks or chewing gum within their campsite. Our camp is located in a natural area, and open food, food wrappers and food containers attract rodents, ants, bees and other insects. Candy, snacks and drinks sound like fun; however, having such items on camp can cause critters to visit! Water is the only drink allowed within the campsite. An inspection will be held within the first couple of days of camp. Any food, candy or drinks found at the campsite will be confiscated and thrown away.

Cell Phones and Other Electronic Devices

*Please do not send a cell phone or any SMS enabled devices to camp with your camper.

*Cell phones and other electronics have no place at camp. Cell phones and SMS enabled devices; such as watches, tablets, etc., brought to camp will be confiscated and returned to the parents on check-out day.

If parents/guardians need to contact their camper, they are asked to call the Komandant or head counselor. Campers can be brought to the phone to talk with parents/guardians. Please know, a camper would never be deprived of calling a parent however, it must go through the proper members of Komanda.

IPods, *iPads, *laptops, Nintendo Switches, DS games and MP3 players are not allowed at camp and will be confiscated if found. All electronic devices should be left at home. If confiscated, AUYA Camp is not responsible for lost or damaged equipment, nor will the camp assist in the recovery of stolen equipment.

* Cell Phones, laptops and iPads are allowed for Vyshkil'niy Tabir, as they are used for research, projects and film-making. Additional information regarding this, and other required materials for Vyshkil are listed in the Camp list found in this document.

Clothing and Lost & Found

Campers should have enough clothing to last the duration of their camp stay. Campers should bring clothing that can get wet and dirty without concern. Clothing should be appropriate for a value-based camp environment without slogans or pictures that are in poor taste, inappropriate or immodest. AUYA Camp reserves the right to prohibit any clothing deemed inappropriate or immodest.

Please label all clothing and items with the first and last name of your child in permanent marker. We will make every attempt to identify and return all items at the end of each week. If you discover that your camper has left an item behind, please check the "lost & found" area located by the kitchen. All items left behind are stored in the camp "lost & found" area for two weeks and then donated.

AUYA Beskyd Camp is not responsible for any lost or damaged personal items. Campers are encouraged not to bring valuable items or clothing to camp.

Bullying

Bullying is when one or more people exclude, tease, taunt, gossip, hit, kick, or put down another person with the intent to hurt another. Bullying happens when a person or group of people want to have power over another and use their power to get their way, at the expense of someone else.

Bullying of any kind will not be tolerated at any AUYA camp. Each camper is expected to treat all other campers with respect, and to help each other achieve the best possible experience. If a camper has difficulty meeting this expectation, parents may be called upon to assist. We work together as a team to ensure that campers gain self-confidence, make new friends, and go home with great camp memories. Unfortunately, campers who are bullied may not have the same potential to get the most out of their camp experience.

Bullying is one of the greatest challenges facing children today. As a bully-free zone, AUYA Camp is committed to the physical and emotional safety of every camper. Through our staff training and program design, we will make every effort to prevent and manage incidences of bullying in fair, reasonable, and consistent ways. In addition to the camp policies and procedures, you can also take steps now to prepare your child for camp:

- 1. Help your child understand bullying.
 - Talk about bullying and how to stand up to bullies safely.
 - Emphasize that bullying is unacceptable.
- 1. Help them be more than a bystander.
 - Talk to them about what to do if they see someone else being bullied.
- 1. Let your camper know if they are being bullied or see someone else being bullied while at camp, they can always let their counselor know so the issue can be addressed.
- 2. Model and teach your child how to treat others with kindness and respect.

Camper Conduct

Any camper conduct, either individually or in a group, that is intentionally disruptive to or designed to be disruptive to the normal operation of the camp program may result in the camper being sent home early from camp. Such conduct includes but is not limited to the following: destruction of camp property or advocating such disruption or destruction, public displays of affection, refusing to cooperate with camp staff attempting to maintain or restore order and/or program activity, consistently starting fights or arguments, and/or harming another camper. These campers will be disciplined and parents will be contacted by the Komandant.

Drinking and Drugs

Zero Tolerance Policy = camper automatically sent home. Alcohol and drugs absolutely have no place at camp! Positively no alcohol, drugs or controlled substances will be tolerated at camp. This includes cigarettes, vaping devices, or any other tobacco product. Any camper in possession of alcohol, drugs, vaping devices, or a controlled substance will be sent home immediately. Illegal substances will be confiscated and the camper's parent/guardian will be contacted by the Komandant to pick up their camper immediately, no matter the time of day or night.

Fighting

AUYA Camps at Oselia Beskyd does not tolerate campers who harm other campers, whether it is physical or verbal fighting, including degrading, demeaning, threatening other campers or staff, or making fun of others. Any camper involved in fighting is subject to discipline and may be sent home. The parent/guardian will be contacted by the Komandant.

Obscenities

Obscene, profane or vulgar language, whether written, oral, or expressed by symbols will not be tolerated. Being respectful to staff and other campers is important and expected.

Search and Seizure

AUYA Camp staff reserve the right to search a camper's or staff property, either by themselves or with the aid of law enforcement officials, if the camp staff deem the search is necessary to maintain the integrity of the camp's environment and/or the protection of the other staff or campers.

CAMPER POLICIES

Stealing

Stealing is a violation of the law. A camper who becomes involved in a theft of camp property, another camper's belongings, or a staff person's belongings is subject to disciplinary action. Stealing may result in a camper being sent home early from camp. The Komandant will contact the camper's parents/guardian immediately.

Vandalism

Campers involved in vandalism or malicious mischief either against Oselia property or against another camper or staff will be disciplined. Vandalism includes any kind of graffiti on walls, furniture, bathroom stalls, etc. The camper's parent/guardian will be contacted by the Komandant. Violation of this policy may result in the camper being sent home early from camp. Payment to repair any damage accrued as a result of the vandalism will be the responsibility of the camper's parent/guardian.

Weapons

Items designed to cause bodily harm or deemed potentially harmful, will be confiscated. The parents/guardians will be contacted by the Komendant. Bringing such items to camp may result in campers being sent home early from camp. Once an item is confiscated by the Komandant, it is not returned to the camper but to the parent/guardian on check-out day. A small "swiss army" knife is permitted on Starshiy Tabir only.

Behavior Management

We believe that every child has the right to experience camp and all it has to offer. We believe in setting limits and explaining the boundaries for campers. When these boundaries are tested, we use specific procedures to help the camper to continue his/her experience at camp.

As a commitment to the success and enjoyment of camp by each camper, we want you to know our usual steps for redirecting challenging behavior.

On the first day of camp our staff goes over the ground rules of camp life - behavior rules will be shared for each of the main areas on the campgrounds (bathroom, pool, kitchen area, etc.) Campers have the opportunity to ask questions about policies and rules, so everyone is clear about the expectations. Campers and staff will work together to develop behavior rules for each campsite as well as individual camp cabins/tents.

Behavior management is a balance of kind, yet firm discipline.

The policy is based on three overall rules:

- 1. A camper may not disturb or hurt others verbally or physically.
- 2. A camper may not damage any equipment or camp property.
- 3. A camper may not place himself/herself in a dangerous situation.

PROCEDURES WE FOLLOW

- Camp Cabin/Tent Counselors will talk about the specific undesirable behavior with the camper and together make a verbal corrective plan for success. The Camp Cabin/Tent Counselor will make the Komandant aware of the situation.
- If the behavior continues, the Komandant will speak with the camper and create a plan for change.
- If the behavior persists, the Komandant will involve the parent in a phone conversation with the camper. This call would be initiated and supervised by one of the Regional Camp Committee Directors.
- Unfortunately, there are situations when campers are removed from camp activities and parents are asked to pick up their child from camp without a refund. This, of course, is not our preference, but for the well-being and safety of the whole group, or as a logical consequence for continued inappropriate behavior, dismissal from camp may be required by the Komandant.
- Behaviors resulting in immediate dismissal from the camp: AUYA Camp reserves the right to dismiss any camper due to violence, possession of an illegal substance, inappropriate conduct (i.e. fighting/bullying- harming another camper) or any other destructive behavior. If the camper is being sent home, the parent/guardian will need to make transportation arrangements. There will be no refunds for campers sent home for behavioral reasons. 11

Parent/Guardian

The parent/guardian is responsible for:

- **NOT** being in the kitchen or adjacent eating areas during camp meal times. Designated camp personnel are responsible for children eating properly and snacks will be available for purchase at designated times.
- NOT entering camp bunking areas at any time after camp check-in, or before camp check-out.
- **NOT** giving food/treats etc. to campers at any time while camp is in session. This includes, but is not limited to, the pool and/or kitchen areas.
- **NOT** giving or allowing children to bring outside food to camp.
- Out of respect to the CYM Uniform, no one is permitted to jump/throw etc. into the pool after the end-of-camp ceremonies.

The parent/guardian is also responsible for, but not limited to:

- Having their camper understand the camp policies and procedures listed within this Handbook and the Camper Policies Acknowledgement.
- Bringing any camp concerns to the Komandant.
- Understanding that CYM will not be held liable for any personal items brought by any camp attendee. This includes, but is not limited to, items listed on the "List of Articles Needed for Camp" and any others that can be ceased by the Komanda for release at conclusion of camp or Dozvillia.
- Understanding that in the event that a camper or even camp personnel is involved in any situation that is deemed inappropriate, it will be at the Komandant's discretion as to when and what action, if any, will be taken.
- Understanding that their child's improper actions could result in expulsion from this camping session, or even from all future sessions.

Camper

The **camper** is responsible for:

- Respecting their fellow campers, their personal belongings and understand that stealing, vandalism, etc. will NOT be tolerated.
- Keeping their hands and feet to themselves and understanding that fighting, will **NOT** be tolerated.
- NOT threatening or intimidating any fellow camper or camping personnel whether it is physically or verbally.
- **NOT** accepting outside food from anyone, other than that which is served to all campers from the kitchen while on campgrounds.
- **NOT** bringing or accepting any outside food or other items that are forbidden. (This would include items i.e.: junk food, candy, gum, radios, CD players, game boys, trading cards, cell phones, walkie talkies, etc.)
- NOT allowing anyone other than fellow campers or camping personnel into the camp bunking areas.
- Out of respect to the CYM Uniform, campers and/or personnel are NOT permitted to jump/throw etc. into the pool after camp termination has been called.

The **camper** is also responsible for, but not limited to:

- Exercising proper behavior while on campgrounds, field trip or Dozvillia, to the standards listed in the "Bylaws of CYM."
- Keeping their sleeping quarters clean, neat and organized at all times.
- Being responsible for cleaning up after themselves at all times.
- Showing respect to all persons, animals or anything found on the campgrounds or during a field trip.
- Understanding that their actions could result in expulsion from this camping session or even all future sessions.
- Understanding that any money brought to camp for purchase of snacks or any other legal use is brought at the sole responsibility of the camper and their guardian.
- Understanding that Komanda has the right to cease any personal or other items that are deemed inappropriate or overall are not allowed and which will be held until the conclusion of camp.

AUYA Camp makes every effort to ensure your child has a wonderful experience at camp. Parents can help us greatly in our efforts to do so, particularly by letting us know in advance about specific behavioral, health-related, emotional, or other issues that affect your camper at home. With sufficient notice, parents and camp staff can discuss strategies for helping to ensure your camper's success at camp. The Regional Camp Committee Co-Director can share the discussed strategies with the camp leadership and camper's counselors. All conversations are held in the strictest confidence.

Camp Cabin/Tent Assignments

Camp Cabin/tent will be assigned at Check-in. Assignments are not final until all campers have checked in.

- Camp cabin/tent assignments are based on the camper's date of birth, school grade and age.
- If you have a special situation which you feel should be considered differently, please raise this with the camp director.

Sunscreen & Bug Repellent

AUYA Camp does not provide sunscreen or bug spray. Each camper should be sent to camp with their own bottle of sunscreen/bug spray. Please label your camper's sunscreen/bug spray bottle. Staff will remind campers to apply sunscreen/bug repellent throughout the day, starting at breakfast time. Please stress the importance of sunscreen application with your child before camp begins.

Kiosk

The kiosk may be open some afternoons, during swim time, for campers to purchase snacks. We encourage parents to pack money (cash only; recommend \$20/week) for their camper to enjoy the occasional treat or snack that can be purchased at the Oselia Beskyd Kiosk. Please note that campers/families will not be able to run a tab during camp.

Having a Birthday at Camp

Some campers will celebrate their birthday while at AUYA Camps. On the camper's birthday, they will be recognized at morning Apel, at which they will be the flag bearer. Additionally, the birthday camper will be first in line for all meals on their special day, and the entire camp will sing Mnohaya Lita to the camper.

Dietary Restrictions

Please include any dietary restrictions your camper may have on the Health History From. It is important for us to have this information early so that we may inform the kitchen of any special needs.

Swimming Assessment

Each camper's swimming ability will be evaluated during our first trip to the pool by the camp staff and lifeguard. Everyone who swims during their stay at camp must have a swimming assessment.

Bedwetting

We encourage campers to use the washhouse throughout the day. If a camper needs to go to the washhouse in the middle of the night, they must wake up their counselor to accompany them. However, from time to time bedwetting occurs. Staff are trained to deal with bedwetting. First measures are taken to not embarrass the camper. The sleeping bag and/or sheets/blankets are cleaned/washed and returned to the bed as quickly as possible. Preventative measures such as frequent bathroom breaks and limiting heavy fluid intake after supper works well. All campers have an opportunity to use the bathroom before bedtime.

Emergency Communication

Family or Medical Emergency - In case of a medical or family emergency at home, contact AUYA Regional Camp Committee Co-Directors. In the event of an emergency, visits by a parent/guardian are allowed only after contact with the AUYA Regional Camp Committee Co-Directors has been made and visiting arrangements are made with the Komandant's approval.

Weather Emergencies – Changes in weather are a normal occurrence during the summer and AUYA Camp has specific policies that are practiced and followed when the threat of and/or severe weather does occur.

AUYA Regional Camp Committee

Beskyd-camps@cym.org

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REQUIRED DOCUMENTS AND PAYMENTS PRIOR TO CAMP ARRIVAL

Full payment and all forms listed below must be completed and received by AUYA Regional Camp Committee prior to the first day of camp in order for your camper to attend.

- 1. Camp fee is due in full by **May 1**. Only Electronic payments will be accepted. If your full camp fee payment is not received by May 1, your registration will be declined.
- 1. All documents are required to be submitted prior to the first day of each camp. Documents will be send for signature using Docusign.

PLEASE NOTE:

- Campers who do not have all documents submitted prior to the first day of their session will not be allowed on camp.
- Incomplete or unsigned health forms are not accepted and may result in the camper not being able to attend camp.

Health History and Consent to Treat Form (requires signature of parent)

Physical & Immunization History Form (requires signature of physician on file)

> Proof of Medical Insurance

Parent/Guardian Agreements and Policy Acknowledgement All campers must have a completed Health History form (linked <u>here</u>). Please fill out the form completely. Sign and date the Parents/Guardians Authorization section. This is a requirement for our ACA accreditation and for our licensing from the State of Wisconsin.

All campers must have a Physical and Immunization History form signed by a physician, within 12 months of the camp start date in order to attend camp. This is a requirement for our ACA accreditation and for our licensing from the State of Wisconsin. The physical and immunization history must be signed and dated by the doctor. Incomplete or unsigned health forms are not accepted and may result in the camper not being able to attend camp. (Linked here if physician request does not provide one)

Provide copies of both sides of current medical insurance coverage for your child.

The Acknowledgement (linked <u>here</u>) needs to be signed by a parent/guardian.

SUBMITTING YOUR DOCUMENTS

- Signed/completed documents must be completed through Docusign at least **ONE WEEK PRIOR** to your camp check-in.
- If you are registering more than one child for camp, EACH CHILD will need individual submissions of the required medical forms and waivers.
- All documents must be submitted in order for campers to be allowed to attend. Blank copies of the documents can be found on the event page.
- Physical examinations completed/signed within 12 months of camp start date will be accepted.

PACKING LISTS Suggested list of items to pack for each camp

Please pack efficiently and avoid sending your child to camp with several small bags and/or boxes. Items needed for camp should fit in the footlocker and 1-2 additional containers/bags.

PERECHODOVYJ | MOLODSHYJ | STARSHYJ CAMP PACKING LIST

Please ensure that all items, including sleeping bag, pillow, cot, camp uniform/garment bag, and footlocker/tote, are labeled with the camper's last name. If a lost item has the camper's name on it, the staff can help to return the lost item.

Pack all items in a footlocker (atl. link to example) or an appropriate container.



Clothing

- AUYA camp t-shirt MANDATORY (may be purchased during camp check-in)
- SOLID Black shorts (no white lines) MANDATORY to be worn with AUYA camp tshirt)
- <u>AUYA navy blue sweatshirt</u> or plain navy blue (NOT HOODED/No Zymovyj Tabir Sweatshirts allowed)
- AUYA uniform MANDATORY: shirt, tie, skirt/pants/shorts, belt, socks, shoes (NO ATHLETIC/GYM SHOES OR SANDALS ARE TO BE WORN WITH UNIFORM)
- T-Shirts
- Shorts
- Pants
- Sweatshirts
- Underwear
- Pajamas
- Socks (include some knee socks for when going into forest)
- Swimsuit (x2)
- Swimsuit cover-up
- Jacket
- Raincoat
- Hat and/or bandana MANDATORY when going into forest
- OPTIONAL: Outfit for Vychirka (Camp Dance)

Miscellaneous

- Laundry bag
- Pool Bag (for sunscreen, water shoes, pool towel, goggles, snack money, etc)
- Camera (phones will not be allowed for this purpose)
- □ Flashlight/extra batteries
- Small knapsack for hikes
- A small "Swiss Army" knife for STARSHYJ CAMP ONLY
- D Notebook, Pen/pencil
- □ Swim goggles
- Sunglasses
- □ Wrist watch (optional)
- Gloves (for wood picking)
- □ Water Bottle (Insulated container for water and one that is easy to carry while on a hike)
- □ Snack money (\$20 for personal use)

Personal Hygiene

- Toiletries Bag or Shower Caddy to carry items to the washhouse
- □ Towels for bathing (2 sets)
- Pool Towel (x2)
- Washcloth
- 🗆 Soap
- □ Shampoo/Conditioner
- Toothbrush and Toothpaste
- Deodorant
- Brush/comb
- Small mirror
- Nail-clippers
- Hair dryer
- □ Tissues (Kleenex)
- Bandages
- Suntan lotion!!!
- □ Mosquito repellant!!! (non-aerosol)

REMINDER: Only children who are 13 to 17 years of age may wear a maroon tie with the AUYA uniform.

Footwear

- Hiking shoes
- Athletic shoes
- Sandals
- Rain boots

Bedding

- Sleeping bag
- Pillow
- Blanket
- Cot MANDATORY for all overnight campers, 25-30" Wide, 17" high, 75-80" long



WHAT <u>NOT</u> TO PACK for PERECHODOVYJ | MOLODSHYJ | STARSHYJ

The following items are **NOT** allowed at AUYA Camp. If any of these items are found during camp inspections, they will be confiscated and returned to the parent at Check-out.

AUYA Beskyd Camp is not responsible for any damaged or lost items.

Please **DO NOT** pack these items to bring to camp.

- □ Food (This includes: gum, candy or cough drops)
- Drinks
- Cell phones
- Walkie talkies
- Electronics such as, but not limited to: Ipod/Apple watches, music players, gaming devices, Kindle, Laptop, Ipad, TVs.
- Dressers or containers with drawers
- Chairs or Furniture
- Bikes, rollerblades, etc
- □ Animals (pets)
- □ Squirt guns
- □ Fireworks
- Tobacco products
- Vaping devices
- Alcohol
- Drugs/Narcotics
- Knives
 - (with the exception of a small "Swiss Army" Knife for STARSHYJ ONLY)
- Weapons
- Any other sharp or dangerous articles that are not specifically listed for camp
- Aerosol cans (bug spray, shaving cream, sunscreen, etc)

Please do not pack medication in your camper's luggage. All medication will be checked in with the medical professional.

!!!!! We DO NOT allow CELL PHONES (or any SMS enabled devices) at camp.

If your camper is found to have a cell phone or device it will be confiscated and returned at check-out.

Absolutely no dressers or containers with drawers allowed on the camp site.





VYSHKIL CAMP PACKING LIST

Please ensure that all items, including sleeping bag, pillow, cot, camp uniform/garment bag, and footlocker/tote, are labeled with the camper's last name. If a lost item has the camper's name on it, the staff can help to return the lost item.

Pack all items in a **footlocker** (atl. link to example) or an appropriate container.

Clothing

- <u>AUYA camp t-shirt</u>
 <u>MANDATORY</u>
 (may be
 purchased during camp check-in)
- SOLID Black shorts (no white lines) MANDATORY to be worn with AUYA camp t-shirt)
- AUYA navy blue sweatshirt or plain navy blue (NOT HOODED/No Zymovyj Tabir Sweatshirts allowed)
- AUYA uniform MANDATORY: shirt, tie, skirt/pants/shorts, belt, socks, shoes (NO ATHLETIC/GYM SHOES OR SANDALS ARE TO BE WORN WITH UNIFORM)
- Shirts
- Shorts
- Pants
- Sweatshirts
- Underwear
- Pajamas
- Socks (include some knee socks for when going into forest)
- Swimsuit (x2)
- Swimsuit cover-up
- Jacket
- Raincoat
- Hat and/or bandana MANDATORY when going into forest

Miscellaneous

- Laundry bag
- Pool Bag (for sunscreen, water shoes, pool towel, goggles, snack money, etc)
- Camera (phones will not be allowed for this purpose)
- □ Flashlight/extra batteries
- Small knapsack for hikes
- Notebook, Pen/pencil
- Swim goggles
- Sunglasses
- □ Wrist watch (optional)
- Gloves (for wood picking)
- Water Bottle (Insulated container for water and one that is easy to carry while on a hike)
- Snack money (\$20 for personal use)

Personal Hygiene

- Toiletries Bag or Shower Caddy to carry items to the washhouse
- Towels for bathing (2 sets)
- Pool Towel (x2)
- Washcloth
- Soap
- □ Shampoo/Conditioner
- Toothbrush and Toothpaste
- Deodorant
- □ Brush/comb
- □ Small mirror
- Nail-clippers
- Hair dryer

- □ Tissues (Kleenex)
- □ Suntan lotion!!!
- □ Mosquito repellant!!! (non-aerosol)

REMINDER: Only children who are 13 to 17 years of age may wear a maroon tie with the AUYA uniform.

Footwear

- Hiking shoes
- Athletic shoes
- Sandals
- Rain boots

Bedding

- Sleeping bag
- □ <u>Cot</u>
- Pillow
- Blanket
- MANDATORY for all overnight campers, 25-30" Wide, 17" high



- Cell Phones (labeled with name)
- Laptops and/or IPad (with camper's name)
 - Ukrainian Music on phone or laptop
 - Pens, pencils, notebook, 2 folders
- Loose leaf paper lined and plain white (about 10 sheets each)
- Plain white t-shirt / fabric markers or paint

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WHAT <u>NOT</u> TO PACK for VYSHKIL CAMP

The following items are **NOT** allowed at AUYA Vyshkil Camp. If any of these items are found during camp inspections, they will be confiscated and returned to the parent at Check-out.

AUYA Beskyd Camp is not responsible for any damaged or lost items.

Please <u>DO NOT</u> pack these items to bring to <u>Vyshkil</u> camp.

- □ Food (This includes: gum, candy or cough drops)
- Drinks
- Walkie talkies
- D Apple watches, music players, gaming devices, Kindle
- Dressers or containers with drawers
- Chairs or Furniture
- □ Bikes, rollerblades, etc
- □ Animals (pets)
- Squirt guns
- □ Fireworks
- Tobacco products
- □ Vaping devices
- Alcohol
- Drugs/Narcotics
- □ Knives
- Weapons
- □ Any other sharp or dangerous articles that are not specifically listed for camp
- Aerosol cans (bug spray, shaving cream, sunscreen, etc)

Please do not pack medication in your camper's luggage. All medication will be checked in with the medical professional.

Absolutely no dressers or containers with drawers allowed on the camp site.





HUSENIATA AND SUMENIATA CAMP PACKING LIST

Please be sure to mark all items with the camper's name. If a lost item has the camper's name on it, the staff can help to return the lost item.

Please dress your child in comfortable walking shoes.(for your child's safety, no flip-flops allowed during camp time)

- □ Camp uniform: consist of the camp t-shirt (you will receive at check-in), black shorts and gym shoes and are to be worn on the first day (Monday) and the last day (Saturday).
- Raincoat
- Rain boots
- Sun hat
- Swimsuits
- Sunscreen
- Water bottle
- Insect repellent
- □ Smock/oversized shirt (to wear during crafts)
- □ Ukrainian t-shirt (could simply be a blue/yellow t-shirt or a t-shirt with vyshytia/embroidery or any kind of Ukrainian flair) to wear during the anniversary parade.

SOCCER - FULL DAY CAMP PACKING LIST

Please ensure that all items, including sleeping bag, pillow, cot, camp uniform/garment bag, and footlocker/tote, are labeled with the camper's last name. If a lost item has the camper's name on it, the staff can help to return the lost item.

Pack all items in a **footlocker** (atl. link to example) or an appropriate container.



THINGS TO NOTE:

- Please do **NOT** go out and buy new soccer shoes for camp activities as this only adds to blisters and uncomfortable foot wear as we are on the pitch for many hours day in and day out.
- Please make sure to pack your camper's good pair of already worn athletic shoes as the pitch tends to get hard if we have no precipitation (rain) over a few days.

Clothing

- Camp t-shirt (to receive at camp checkin)
- Black shorts MANDATORY to be worn with camp t-shirt)
- T-Shirts
- Shorts
- Pants
- Sweatshirts
- Underwear
- Pajamas
- Socks
- □ Swimsuit (x2)
- Swimsuit cover-up
- Jacket
- Raincoat
- Hat
- OPTIONAL: Outfit for Vychirka (Camp Dance)

Miscellaneous

- Laundry bag
- Pool Bag (for sunscreen, water shoes, pool towel, goggles, snack money, etc)
- □ Camera (phones will not be allowed for this purpose)
- □ Flashlight/extra batteries
- □ Swim goggles
- Sunglasses
- □ Wrist watch (optional)
- □ Water Bottle (Insulated container for water and one that is easy to carry while on a hike)
- Snack money (\$20 for personal use)

Personal Hygiene

- Toiletries Bag or Shower Caddy to carry items to the washhouse
- □ Towels for bathing (2 sets)
- Pool Towel (x2)
- Washcloth
- Soap
- □ Shampoo/Conditioner
- Toothbrush and Toothpaste
- Deodorant
- Brush/comb
- Small mirror
- Nail-clippers
- □ Hair dryer
- □ Tissues (Kleenex)
- □ Suntan lotion!!!
- □ Mosquito repellant!!! (non-aerosol)

Bedding

- Sleeping bag
- Pillow
- Blanket
- Cot MANDATORY for all overnight campers, 25-30" Wide, 17" high



Footwear

- Soccer spikes
- Soccer shoes (or good pair of athletic shoes)
- Shin guards
- Sandals
- Rain boots

WHAT <u>NOT</u> TO PACK for SOCCER CAMP

The following items are **NOT** allowed at AUYA Soccer Camp. If any of these items are found during camp inspections, they will be confiscated and returned to the parent at Check-out.

AUYA Beskyd Camp is not responsible for any damaged or lost items.

Please <u>DO NOT</u> pack these items to bring to <u>Soccer</u> camp.

- □ Food (This includes: gum, candy or cough drops)
- Drinks
- Cell phones
- Walkie talkies
- □ Electronics such as, but not limited to: Ipod/Apple watches, music players, gaming devices, Kindle, Laptop, Ipad, TVs.
- Dressers or containers with drawers
- Chairs or Furniture
- Bikes, rollerblades, etc
- Animals (pets)
- Squirt guns
- Fireworks
- Tobacco products
- Vaping devices
- Alcohol
- Drugs/Narcotics
- 3.15.Inch

Knives

(with the exception of a small "Swiss Army" Knife for STARSHYJ ONLY)

- Weapons
- □ Any other sharp or dangerous articles that are not specifically listed for camp
- Aerosol cans (bug spray, shaving cream, sunscreen, etc)

Please do not pack medication in your camper's luggage. All medication will be checked in with the medical professional.

!!!!! We DO NOT allow CELL PHONES (or any SMS enabled devices) at camp.

If your camper is found to have a cell phone or device it will be confiscated and returned at check-out.

Absolutely no dressers or containers with drawers allowed on the camp site.



SOCCER - HALF DAY CAMP PACKING LIST

THINGS TO NOTE:

- Please do <u>NOT</u> go out and buy new soccer shoes for camp activities as this only adds to blisters and uncomfortable foot wear as we are on the pitch for many hours day in and day out.
- Please make sure to pack your camper's good pair of already worn athletic shoes as the pitch tends to get hard if we have no precipitation (rain) over a few days.
- □ Soccer Spikes
- □ Soccer Shoes (or a good pair of athletic shoes)
- Given Shin Guards
- U Water Bottle
- Bag for ball, water bottle and shoes

PACKING TIPS FROM "EXPERIENCED" CAMP PARENTS

Label everything with camper's name (pillow, sleeping bag, cot and tote)! And pack lightly. This makes for a smoother liquidation process.

Send your camper to camp with **old clothes**. Camp is a place where your camper's stuff will get dirty.

To err on the safe side, **bring copies** (digital or physical) of all forms with you to camp check-in. Including your camper's physical form w/ immunization history signed by a doctor.

Send two (2) swimsuits and (2) sets of pool and shower towels. Since we can't always count on the sun being out, it helps to have a second set in case the items don't air dry in time.

Be sure to send sunscreen, so the camp counselors can help their campers be protected from the sun.

Camp is one of those great places where kids can escape over-stimulation of gadgetry and become "unplugged". Leave cell phones and electronics at home.

Camp provides an opportunity for socialization without the need for electronic games.

Avoid packing your camper's belongings in suitcases. We highly suggest packing all items in plastic containers with lids to help keep belongings clean and dry.

Click to <u>BUY NOW</u> - <u>BUY NOW</u> - <u>BUY NOW</u> - <u>BUY NOW</u>

Space is limited. Do not bring a cot any larger than a 25-30" wide x 17" high x 75-80" long cot that allows for storing personal items underneath.

VINGLI Folding Camping Cot,Outdoor Portable Camp Bed, Sleeping Cots with Carry Bag Green. Click to BUY NOW



Have your child try on their odnostriy a few weeks before camp to be sure you have all the required pieces and that everything fits. This allows you time to pick up the missing/new articles.

TIES AND PATCHES: May be purchased at your local oseredok or at camp check-in (while supplies last).

For campers sleeping in tents:

Check out these mats, especially helpful to put on the side and/or under their cot.

Rubber Floor Mat with Holes, Non-Slip Drainage Mat, Indoor/Outdoor Cushion (24"x 36')' Click to BUY NOW

ODNOSTRIY / CAMP UNIFORMS MANDATORY for PERECHODOVYJ MOLODSHYJ STARSHYJ VYSHKIL

Uniform Item (Boys) / Частина одностроя (Юнаки)	Лінк / Link	Фото / Image
Сорочка	<u>Adventsource</u>	
SHIRTS		
Короткі Штани	Amazon	Caller Scille
SHORTS Khaki		A -
Штани	Lands' End	
PANTS Khaki		M
Шкарпетки	Amazon	ittin 1970 ann
SOCKS		
Charcoal Gray or Khaki		
Uniform Item (Girls) / Частина одностроя (Юначки)	Лінк / Link	Фото / Image
Сорочка	Advent Source	
SHIRTS		
Спідниця	Amazon	
SKIRTS Khaki		A KA
Шкарпетки	Amazon	
CABLE KNIT KNEE HIGH	Dennis Uniform	
SOCKS Light Gray or Heather Gray	<u>Amazon</u>	888 00

TIES AND PATCHES may be purchased at your local oseredok or at camp check-in (while supplies last). *Відзнаки та краватки можна купити при осередку

ODNOSTRIY / CAMP UNIFORMS MANDATORY for PERECHODOVYJ | MOLODSHYJ | STARSHYJ | VYSHKIL

Частина одностроя (Дружинники) / Uniform Item (Adults)	Лінк / Link	Фото / Image
Сорочка MEN'S SHIRTS	<u>Men's Shirt -</u> <u>Adventsource</u>	
Сорочка - Жіночі WOMEN'S SHIRTS	<u>Ladies Shirt -</u> Adventsource	
Спідниця SKIRT	<u>Skirt - women's</u> <u>(khaki)</u>	
Штани PANTS FOR MEN	<u>Pants - balsam bark</u>	
Короткі Штани SHORTS FOR MEN	<u>Shorts - Land's End</u>	
Шкарпетки CABLE KNIT KNEE HIGH SOCKS FOR WOMEN	<u>Socks - Amazon (L &</u> <u>XL)</u>	
Шкарпетки SOCKS FOR MEN	<u>Socks - men's</u> <u>Amazon</u>	

OFFICIAL AUYA CAMP T-SHIRT & SWEATSHIRT MANDATORY for PERECHODOVYJ | MOLODSHYJ | STARSHYJ

The AUYA camp t-shirt and navy blue sweatshirt may be purchased during camp checkin.

Note: Zymovyj Tabir Sweatshirts or other AUYA issued sweatshirts <u>are NOT allowed</u> to be worn at apel.



